



Workshops held at: *The Cottage Children's Center, 197 Union Street, Marlborough, MA (on the grounds of Marlborough Hospital)*

Quirky Kids: Understanding and Supporting Young Children Who Don't Easily Fit In*

Thursday, November 5, 2009 7:00 – 9:00 pm Fee: \$25
Cathy Parshley

EEC Core Competency: Growth and Development

Do you work with a child who is different from others in ways that are difficult to understand? They may be out of sync with their peer group, have difficulty managing their emotions, have unusual interests or demeanors, have a specific developmental delay or diagnosed special need, or struggle with anxiety. We will identify characteristics of these "quirky kids" and you will develop a deeper understanding of them. You will leave with specific strategies to support them in your program.

Connecting Developmentally Appropriate Practice to Curriculum Planning

Wednesday, December 2, 2009 7:00 – 9:00 pm Fee: \$25
Marie Enochty

EEC Core Competency: Program Planning and Development

The newly revised NAEYC Developmentally Appropriate Practice emphasizes the role of play and interactions in quality early care and education programs. We will explore the critical elements in providing developmentally appropriate curriculum and you will learn how to incorporate these elements into the early learning experiences that you plan for children.

Team and Program Building: Communicating Effectively with Colleagues

Thursday, January 14, 2010 7:00 – 9:00 pm Fee: \$25
Adam Mintz

EEC Core Competency: Professionalism and Leadership

When staff members work together effectively as a team the whole program benefits. Learn skills for communicating respectfully and assertively with colleagues, and look at the key elements of collaborative teamwork. Issues to be addressed include understanding the roles of various team and staff members, listening to others, expressing yourself effectively, coping with criticism, and problem solving within an early childhood program community.

Helping School Age Children to Cooperate and Succeed by Understanding Individual Differences*

Wednesday, February 3, 2010 7:00 – 9:00 pm Fee: \$25
Suzanne Wildman

EEC Core Competency: Guiding and Interacting

We will explore a broad framework for comprehensively and compassionately understanding children, particularly those who may be baffling or frustrating in their behavior, interactions and/or approaches to learning. We will examine approaches and specific strategies for dealing with these children, based on an understanding of individual temperaments and learning styles. Come with questions and an open mind, and leave with a new perspective on the children in your program.

Supporting Teen Parents

Tuesday, March 16, 2010 7:00 – 9:00 pm Fee: \$25
Nina Dickerman

EEC Core Competency: Partnering with Parents and Communities

Working with parents provides its challenges, but parents who are still teenagers themselves pose a whole new set of obstacles. Hormones, friends, and sense of self, in addition to becoming a parent can be tricky to navigate. We will examine adolescent development compared to the responsibilities of parenting, and explore strategies of how to help teen parents balance out the demands of both worlds.

Investigating Math and Science Experiences with Young Children

Wednesday, April 7, 2010 7:00 – 9:00 pm Fee: \$25

Marie Enochty

EEC Core Competency: Learning Environments and Curriculum

Math and science are integral and critical elements of curriculum for young children. Explore how to incorporate math and science experiences throughout your day. Renew your sense of wonder and curiosity in this hands-on workshop as you discover new and exciting activities that facilitate children's learning and support MA Guidelines and NAEYC criteria.

SPECIAL EVENT

The World of Difference - Understanding and Appreciating Diversity

Saturday, April 10, 2010 9:00 am – 3:00 pm Fee: \$80 (includes light lunch)
Marlies Zammuto

EEC Core Competency: Professionalism and Leadership

"Diversity exists when two or more people see themselves as different from one another." We will reflect on how to value, manage and celebrate diversity. Through active engagement in a variety of activities you will learn to look at yourself as an individual and identify your own unique diversity, as well as begin to understand how others define themselves. We will explore how biases and prejudices that individuals may not even be aware of impact their dealings with others. You will leave with strategies to help you apply these insights to your work with children and families and to empower children of many cultures, ethnicities, abilities and races.

Red Flags for Children's Mental Health*

Tuesday, May 4, 2010 7:00 – 9:00 pm Fee: \$25
Adam Mintz

EEC Core Competency: Guiding and Interacting

It is often difficult to assess emotional and behavioral issues of young children. What falls within the bounds of "normal" behavior? What are some of the behaviors that are indicative of mental health disorders in children? We will examine distinguishing factors to use when deciding if a child and family should be referred for mental health services, how to make a plan, and what to do next. Discussion will include stressors that particularly affect young children, fostering resilience, and what can be put into place at your program to decrease vulnerabilities in children.

Sensory Integration and Activities for Infants and Toddlers*

Thursday, June 10, 2010 7:00 – 9:00 pm Fee: \$25
Anne Marie Smith

EEC Core Competency: Growth and Development

Sensory integration refers to how children take in, process and respond to sensory input. We will examine the environmental considerations that teachers must make for children who respond differently to sensory input. Explore how to create and adapt sensory experiences that promote learning while respecting each child's unique sensory integration process. You will discover easy, inexpensive and engaging activities that foster a child's ability to stay calm and enjoy learning.

Understanding and Dealing with Separation Anxiety

Wednesday, August 4, 2010 7:00 – 9:00 pm Fee: \$25
Nancy Toso

EEC Core Competency: Guiding and Interacting

Separation anxiety is a normal, though often heart-wrenching occurrence in a young child's development. We will explore the developmental foundations of separation anxiety and discover strategies that will help the child, parents and teachers all successfully navigate through this difficult period.